



Patron: Ringu Tulku Rinpoche

Supporting Ringu Tulku Rinpoche's endeavours to improve health and welfare in his birthplace of Rigul, Tibet. Rinpoche is the Abbot of Rigul monastery.

<https://rigultrust.org.uk>

HEALTH CLINIC

WE FUND:

- ✚ The salaries of Dr Chuga and Ani Choden, the nurse.
- ✚ The annual running costs of the clinic.
- ✚ The ambulance.
- ✚ Free medicines for very poor.

SHEDRA – MONASTIC EDUCATION

The Shedra is a place of learning for the young monks. **WE FUND** them with free meals and offerings for the Lamas and Khenpos who guide and teach them.

RIGUL - TIBET

"Rigul is the community in what is now designated as being of Sichuan province of China. This is where Ringu Tulku Rinpoche was born and where he spent the first 7 years of his life. Due to the changed geo-political situation since he was a young boy, Ringu Tulku has been living in India and extensively traveling the world delivering teachings. The Rigul Trust Charity has been established to ensure the social wellbeing and health security of the hundreds of people who still live there even though Rigul Tulku Rinpoche no longer resides there. By supporting the Rigul trust Charity it not only helps the local community of Rigul but also helps Rinpoche to deliver teachings around the world in the knowledge that those who still live in his place of birth are being cared for."

Rigul is a village in the rugged Kham region of eastern Tibet. Most of the population continue to raise yaks for food, income and heating fuel. The nearest town and hospital are far away. Rigul Trust funded underground water piping system to the village from the river

Rigul Trust: UK Registered Charity no.1124076. Founder: Margaret Richardson.

DONATE TO RIGUL TRUST

Donations can be made by visiting the Bodhicharya North America website.

Visit: www.Bnorthamerica.org/rigul

Bodhicharya North America is a registered 501(c) non-profit organisation..



Thank you so much for helping Ringu Tulku's people in Tibet. You can truly make a difference.